

DIOCESAN RETREATS FOR YOUTH

The Office of Youth Ministry and the Catholic Diocese of Richmond sponsor two retreats for our youth. *Discovery* is for 9th & 10th graders and *Christian Awakening* is for 11th & 12th graders. These are dynamic, powerful peer led retreats. The last available *Discovery* retreat is: **March 20-22**: Goshen, VA, near Lexington, (registration is due 3/08/09). The *Christian Awakening* Retreat is **March 20-22**: Smith Mountain Lake (registration is due 3/08/09). Retreat cost for registered parishioners is \$65.00. To register, complete and return the registration form and a check for \$65.00 made payable to St. Andrew's to Beth Derringer no later than the due date for the retreat. To obtain registration forms, see the church bulletin boards, our website: www.standrewsroanoke.org, or Beth Derringer. If you have any questions, please contact Beth Derringer at 588-0092, or dederringer@comcast.net.

HIGH SCHOOL YOUTH GROUP

The Youth Lenten Retreat has been postponed. A retreat will be scheduled in the summer. The Youth activities for March are the Youth Reconciliation Service on March 15 and Stations of the Cross on March 27th. Call Beth Derringer for more information (588-0092).

MIDDLE SCHOOL YOUTH GROUP

The next meeting is Sunday, March 1, from 5:00 pm—6:30 pm in the social hall. Please join us for a fun time—we will be planning an IHN dinner. Call Kathy Boyer at 344-9814 with any questions.

EXPOSITION OF THE BLESSED SACRAMENT

Exposition of the Blessed Sacrament is offered at St. Andrew's on the eve of the First Friday of each month, from **5:00 until 7:00 pm. (Note time change)** This is an opportunity for personal prayer, private meditation, scripture reflection, etc. Our next Exposition of the Blessed Sacrament will be on **Thursday, March 5.**

**Parish News & Upcoming Events****TRAFFIC DISRUPTIONS DUE TO CONSTRUCTION**

This Monday, February 23, the Jefferson St. entrance in front of the main entrance to St. Andrew's Church which leads to the drive-through to Celtic Way will be closed to all traffic for one week while the new parking lot is completed. Please be alert to these traffic changes.

BOOK FAIR COMING TO ST ANDREW'S

Plan to attend the St. Andrew's Book Fair on the weekend of February 28—March 1 after all Masses. There will be books and gifts available just in time for Lent and the Sacramental Season. See the flyer in this week's bulletin.

WOMEN'S CLUB

The Women's Club will meet Monday, February 23, at 11:30 am in the social hall. John Wagner will present a program on the Catholic Historical Society. If you haven't made reservations, please call Frances Bridge at 344-0466.

CHRISTIAN FORMATION REMINDER

Parents—please drop your children off for Christian Formation in the school cafeteria, not the classrooms. Children dropped off in classrooms before their catechist arrives are unsupervised. Thank you for your cooperation.

FASTING AND ABSTINENCE DURING LENT

Ash Wednesday, February 25, marks the beginning of Lent. The following fasting and abstinence regulations are observed: Abstinence from meat is observed on Ash Wednesday, Good Friday, and all the Fridays of Lent by all Catholics 14 years of age and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 60 years of age. Those bound by this rule may take only one full meal. Two smaller meals are permitted as necessary to maintain strength according to one's needs. The special Paschal fast and abstinence are observed on Good Friday and where possible, on Holy Saturday. On these days, Christians prepare themselves by these disciplines in anticipation of the renewal of their baptismal commitment on Easter.

Sacrificial Giving

February 15, 2009	Week	Month
Sunday	\$18,307	\$66,140
Maintenance Fund	\$97	\$6,276
5th Sunday	<u>\$923</u>	<u>\$5,668</u>
Total received	\$19,327	\$78,084
Total income needed per month		<u>\$95,215</u>
Better (Worse)		\$(17,131)
Outstanding debt at 2/15/09	\$315,560	

Thank you for your generous support and for using your offertory envelopes. Please remember St. Andrew's in your will.

Parish News & Upcoming Events

MAKE A JOYFUL NOISE!

God has commanded His people, over and over, to sing His praises. In the book of Psalms we are told "Sing Praises to the Lord, O ye saints, and give thanks to His holy Name." (Psalms 30:4) and "Blessed are those who dwell in Thy house, ever singing Thy praise." (Psalms 84:4). St. Andrew's needs more choir members! The present members have to be away from time to time, and it leaves us without enough singers to present the music effectively. Please think seriously about joining the choir. You do not have to be a soloist, nor even read music. Our choirs sing at the 9:00 and 11:30 Masses. Rehearsals are on Thursday evenings at 7:00 (for the 9:00 choir) and on Sunday mornings at 10:00 (for the 11:30 choir).

BRIDGEWATER COLLEGE CONCERT

The Bridgewater College Choir and Chorale will perform, under the direction of Dr. Jesse Hopkins, at St. Andrew's on Saturday, March 21, at 7:30 pm. Admission is free. Host families are needed to house students from the choir for one night. Volunteers are also needed to usher and provide kitchen help for this evening concert. If you can help in any way, please contact the church office at 344-9814.

VOLUNTEERS NEEDED FOR BUILDING AND GROUNDS

The Building and Grounds Committee is looking for volunteers who can best use their professional talents when projects occur. Anyone interested in volunteering their time for special projects should contact Wayne Gould, the Facilities Maintenance Coordinator. Contact Wayne at the church office 540-344-9814, ext.18, or by email at wgould@standrewsroanoke.org.

Community News & Events

YOUTH RECONCILIATION SERVICE

The youth of OLPH invite all youth to join them for the chance to receive Jesus' forgiveness in the Sacrament of Reconciliation on March 15th at 6:30 pm at Our Lady of Perpetual Help in Salem for their annual Reconciliation Service. Priests will be available for individual confessions.

DIOCESAN COUNCIL OF CATHOLIC WOMEN

The Richmond Diocesan Council of Catholic Women will hold its spring meeting at Our Lady of Nazareth Catholic Church on Saturday, March 14, from 9:00 am—3:00 pm. Guest speaker, Barbara Hughes, will present "Discovering the Spirit Within". The \$15 fee includes lunch and materials. You must register in advance. Send your check made out to RDCCW to Frances Bridge, 2208 Jefferson St. #317, Roanoke, VA 24014 or call 344-0466 for information.

GENERAL INFORMATION

Parish Office Hours: Monday-Friday, 9:00 am - 4:00 pm.

In Case of Emergency contact the office telephone 24 hours a day at 344-9814 and the answering service will help you if the staff is not available.

Prayers for the Sick are included in the bulletin each week. Names will remain on the prayer list for four weeks unless you call to tell us to leave them on.

THE MAUSOLEUM AT ST. ANDREW'S

This beautiful, indoor facility provides our parishioners and their immediate families the opportunity to be interred on the hill. Please call Jill Blanchard at the Parish Office to schedule an appointment or for more information.

Community News & Events



ST. FRANCIS HOUSE

Needs toothpaste, soap and laundry detergent. Thank you for reaching out to those less fortunate.

NATURAL FAMILY PLANNING COURSE

Natural Family Planning (NFP) is safe, healthy, and highly effective—and it can grow your marriage in ways you never expected. Instructor Misty Mealey will be offering a course on the sympto-thermal method of NFP (99% effective) at St. Andrew's on Sunday afternoons (March 8, 22 and April 5) from 2:00 pm—4:30 pm. The course consists of all three classes and the cost is \$80, which includes all materials and follow-up. To register, contact Misty Mealey at 540-992-1629 or email misty@mealeys.org.

YOUNG ADULT MINISTRY

Are you 20 or 30 something? Join YAM for the following events: The Great Adventure Bible Study group meets on Fridays, from 6:30 pm—8:30 pm at the Daily Grind Coffee Shop on Electric Rd. Please bring your bible. Food is provided. On March 24, the Prayer and Lenten reflection Dinner will be at Famous Anthony's in Salem at 7:00 pm. On March 31, YAM will host the Interfaith Hospitality Dinner from 5:30 pm—7:00 pm. Please call Clare Humphrey at 378-5218 for more information.

VALLEY WIDE MISSION RECORDINGS AVAILABLE

If you missed the Valley Wide Mission with Father Fragomeni last month, or if you were able to attend and would like to hear his talks again, the Mission audio files (MP3) from the night sessions are available for downloading at the OLN website: www.olin-parish.org. Just click the link on the front of the homepage and follow the instructions. If you do not have computer access and would like a copy of Father Fragomeni's talks, please call the parish office to order at 774-0066. Thanks for your patience while we have made this available and more affordable.

Mass Intentions

February 23—March 1

Tuesday	(12:00 pm)	—
Ash Wednesday	(7:30 am)	—
	(12:00 pm)	—
	(7:30 pm)	—
Thursday	(11:00 am)	—
<i>Mass on Thursday will be celebrated at Our Lady of the Valley</i>		
Friday	(7:30 am)	—
<i>Friday's service will be the Liturgy of the Word with distribution of Holy Communion</i>		
Saturday	(5:30 pm)	Dexter and Juanita Campbell
Sunday	(7:30 am)	The People of St. Andrew's
	(9:00 am)	Norm Weber
	(11:30 am)	
	(4:00 pm)	Vietnamese Community

In your prayers...

Parishioners, relatives and friends who need our prayers:
Jackie Simpson, Liam Hess, Ching Davis, Ruth Downs,
Gretchen Lavinder, Robert Ripple, Anne Jabbour, Kris
Larsen, Dorothy Shank, Guy Shelor, Kathy Aud, William
Shuffleberger, Dylan Smith, Donna Reynolds, Elaine
Turanico, Anne Rosky, Laine Clements, Anna Lucas,
George Duvall, John Smith, Luz Maria Hernandez, Sheila
Clark, Cassidy Blount, Cecelia Almani, Connie Light, Carol
Francis, Barbara Ridenhour, Joseph Wolter, David
Sheplac, Mary Ann Sliwinski, John Higgins, Robert Hardie,
Bill Poe, Erlene Reynolds, Ann Huffman, Carol Purdham,
Judy St Clair, Christie Svirsky, George Muller, Liam Huff,
Dennis Brown, Mark Belcher, Dorothy Laurie, Jim and
Marion Roe, Virginia Canfield, James White, Skyler
Schuman, Duane Smith, Walter and Dora Assaid,
Katherine Chestnut, Quenton Ratcliffe, Tom Heilmann,
Ashley Bailey, Nicole Cagle, Eileen Franco, Isaac
Crazatta, Ben Pentz, Mike Lewis, Edith Langworth, Matt
Miller, Ben Waters, David Bell, Mike Mullins, Mary
Shumann, Doug Balz, Nancy Garrabrant, Arthur Gebhard,
Kaylyn McCork, Terry Rodriguez, Elliott Kline-Parker,
Clare Andrew, Suzanne Rowland, JoAnne Bibb, John
Castner, Leonard Bianco, Brian Lawrence, Janet Lucas,
Allyson McClellan, Bill Novotny, Sarah Crotts, Katherine
Poole, Pat Cerak.

Names will remain on the prayer list for four weeks.

Please call the office if they should remain.

Events this Week

This Sunday	(10:05 am)	11:30 Choir Rehearsal
	(10:15 am)	Christian Formation K-11
	(10:15 am)	Adult Education
	(3:00 pm)	Vietnamese Choir
Monday	(11:30 am)	Women's Club
	(1:00 pm)	Bereavement Committee
	(1:00 pm)	Women's Book Club
	(7:00 pm)	Scripture Study
Tuesday	(12:30 pm)	Scripture Study
Wednesday	(2:00 pm)	Senior Fitness Group
Thursday	(7:00 pm)	9:00 Choir
	(7:00 pm)	RCIA
	(7:00 pm)	Intercessory Prayer Group
Friday	(2:00 pm)	Senior Fitness Group
	(7:00 pm)	Stations of the Cross
Saturday	(9:00 am)	Rosary

Book Fair after all Masses Saturday and Sunday

Next Sunday	(10:05 am)	11:30 Choir rehearsal
	(10:15 am)	Confirmation I
	(10:15 am)	Christian Formation K-11
	(10:15 am)	Adult Education
	(11:30 am)	Rite of Sending
	(4:00 pm)	Vietnamese Mass
	(5:00 pm)	Middle School Youth Group

Readings for the Week of February 22, 2009

Monday:	Sir 1:1-10/Mk 9:14-29
Tuesday:	Sir 2:1-11/Mk 9:30-37
Wednesday:	Jl 2:12-18/2 Cor 5:20--6:2/ Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20/Lk 9:22-25
Friday:	Is 58:1-9a/Mt 9:14-15
Saturday:	Is 58:9b-14/Lk 5:27-32
Next Sunday:	Gn 9:8-15/1 Pt 3:18-22/Mk 1:12-15

Remember especially in your prayers these Parishioners and family members who are actively serving our country in the military:

Michael Nghia-Nguyen, Joseph Amos, Justin Assenat, Joshua Balagna, Sam Bebout, Will Bebout, Timothy M. Brady, Brian X. Conlan, James Cutler, Michael Dale Davis, John W. Downs, William Farmer, Andre Fieschel, Robert Garnand, Jamie Guilliams, John Hinkel, Stephanie Lynn Holliday, Anthony Huff, Jeffrey Robert Klein, Matthew McCorkel, Daryl R. Peltier, Ronnie Stout, Adrian Rouse, Pamela T. Schmecht, Daniel H. Smith, Joe Spegele, Dustin Stewart and Chuck Suslowicz.